

Manual Lymphatic Drainage (MLD) therapists in Scotland (June 2022)

MLD can be used in a wide range of conditions including lymphoedema, lipoedema, orthopaedic problems, sports and traumatic injury, and post-surgery swelling including plastic surgery. Most therapists listed here treat all these conditions, and more, but please contact individual therapists for further details. Also see: www.mlduk.org.uk

Name	Location	Information	Contact details
Maria Astleithner-Fusseis	Greenbank, Edinburgh	Vodder MLD therapist	07305 776609 www.body-movement-therapy.com maria@body-movement-therapy.com
Andrea Baxter	Newington, Edinburgh	Vodder MLD therapist	07731 155453 www.revitalizeedinburgh.co.uk
Alex Brooks	Logie, near Kirriemuir (Angus)	Vodder MLD therapist Occupational therapist Reflexology Lymphatic Drainage Level III Reflexology	0776 6290829 www.alextherapy.co.uk info@alextherapy.co.uk
Agnes McGowan	Glasgow	Vodder MLD therapist Combined Decongestive Therapy	07890643902 Wellpark Enterprise (accessible clinic) 120 Sydney Street, Glasgow, G31 1JF
Jan Gray	Dalbeattie	Vodder MLD Therapist	07742 825941 jangrayaromatherapy@gmail.com Mill Isle, Dalbeattie, DG5 4AX
Shirley Hamilton	Glasgow, North Lanarkshire	Vodder MLD therapist	07901 657211 shirleyh1211@gmail.com
Anna Hill	Glasgow	Vodder MLD therapist Herbalist	0141 564 3184 www.woodlandherbs.co.uk/ Woodland Herbs 100 Woodlands Road, Glasgow, G3 6HB

Elizabeth Jennings	Bishopton, Renfrewshire (off M8 Junction 29a)	Lymphoedema Clinical Nurse Specialist, (Casley Smith MLD) Hivamat 200 deep oscillation.	07455 196520 EMJ Lymphatics www.emjlymphatic.com
Linda Murray	Peebles	Vodder MLD Therapist	01721 588685 and 07904 273064 2 Cherry Court, Cavalry Park, Peebles, EH45 9BU info@lindamurray.co.uk
Dominique Palikucin	Tain, Highlands	FG-MLD Therapist (Fluoroscopy-guided MLD)	07958 910850 dominiquepalikucin@gmail.com
Lisa Saunders	Kirriemuir, Angus	MLD Therapist (Level II)	07572 039802 thebodymechanicclinic@gmail.com
Margaret Taylor	Edinburgh	Vodder MLD Therapist	0131 661 7275 Meadowbank Clinic www.meadowbankclinic.co.uk meadowbankclinic@gmail.com 3 Meadowbank Terrace, Edinburgh, EH8 7AR
Lesley Watts	Forres, Morayshire	Lymphoedema Nurse Specialist MLD Therapist ScarWork, LED and laser (low level light therapy)	07742 521388 lesley.watts@hotmail.co.uk
Anne Williams	Edinburgh, Lanarkshire and Central Scotland	Vodder MLD Therapist Lymphoedema Nurse Specialist Trustee for Talk Lipoedema Home visits in Edinburgh and Lanarkshire, and clinic in Biggar	07939 068222 anne@esklmphology.co.uk www.esklmphology.co.uk